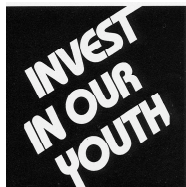


# Follow-Up Parent University Parent Education

## “Active Parenting For Tweens & Teens”



**Wednesdays - February 3, 10, 17**  
**\*Thursday only this date - February 25**  
**Wednesdays - March 3, 10, 2010**


**TIME:** 7:00 P.M. - 9:00 P.M.  
**PLACE:** FIELD MIDDLE SCHOOL, DISTRICT #31 ADMINISTRATION  
3131 Techny Road, Northbrook, Illinois  
**Room:** Commons (immediately to your right after you enter )  
**FEE:** \$50/person for 6 sessions - includes an “Active Parenting” book  
\*\* Pre-registration Required \*\*

**Format:** 6 Sessions . Interactive learning experience consisting of lectures, handouts, text readings and video presentations. Opportunity for parents to share their own personal experiences so that they can receive feedback and support from other members of the class.

### Helps Parents ....

- Understand teen developmental changes both in their bodies and minds as shown through their behaviors.
- Communicate effectively with their children.
- Discipline while teaching responsibility.
- Learn encouragement skills to help their children choose better behaviors.
- Learn to identify their children's goals so that they can redirect their behavior.
- Explore and encourage non-violent conflict resolution both in and out of their homes.

**Facilitator:** Bob Leece, Buffalo Grove High School Outreach Counselor, NCDAA PARENT UNIVERSITY KEYNOTE & WORKSHOP SPEAKER, November, 2009, 37 years in education in High School District #214 as an outreach counselor, Student Assistant Coordinator, Special Education Coordinator, workshop facilitator.

Sponsored by  (Northbrook Citizens For Drug & Alcohol Awareness)  
847-272-7870 or -mail [ncdaainfo@ncdaa.org](mailto:ncdainfo@ncdaa.org).  
Download registration form at [www.ncdaa.org](http://www.ncdaa.org)

### \*\*\* REGISTRATION FORM \*\*\*

Name \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_

E-mail \_\_\_\_\_ Children's School \_\_\_\_\_

Children's Grade in School \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

Send check payable to NCDAA, 1710 Pfingsten Rd. Northbrook, Illinois 60062