



West Northfield School District 31

2021 COVID-19 Quarantine Info

Quarantining

The school nurse will confirm the date of readmittance based on the options below.

<p>Option 1 10 Days</p>	<p>Quarantine for 10 calendar days after the close contact's last exposure to the COVID-19 case. Date of last exposure is considered day 0.</p> <ul style="list-style-type: none"> • The individual may end quarantine after day 10 if no symptoms of COVID-19 developed during daily monitoring. • SARS-CoV-2 PCR testing is recommended and may be required by the local health department. Please consult with the school nurse. • The individual can maintain physical distance and masking at all times when returning to school; for classrooms where masking is strictly adhered to, physical distance of 3 to 6 feet is acceptable for return.
<p>Option 2 7 Days</p>	<p>Quarantine period is for seven calendar days after the last exposure if:</p> <ul style="list-style-type: none"> • No symptoms developed during daily monitoring AND the individual has a negative SARS-CoV-2 diagnostic test (PCR) that was collected within 48 hours of exposure day 7 (starting on day 6 or after). • The individual is responsible for obtaining a copy of the negative results for documentation purposes and submitting it to the school nurse and covering the cost of testing. • The individual can maintain physical distance and masking at all times when returning to school; for classrooms where masking is strictly adhered to, physical distance of 3 to 6 feet is acceptable for return.
<p>Option 3 Test to Stay</p> <p>*Per the CCDPH, students who are opted out of the weekly Shield testing are NOT eligible to participate in the Test-to-Stay program if they become a close contact at school. They are then subject to the 7-10 day quarantine.</p>	<p>Close contacts can stay in school if schools test close contacts, on days one, three, five, and seven from date of exposure by a PCR or rapid antigen or molecular emergency use authorization (EUA)-approved test as long as the results are negative.</p> <ul style="list-style-type: none"> • Only applicable when both the COVID-19-confirmed student and close contact were engaged in consistent and correct use of masks and IDPH mask guidance is followed. • Test to Stay may be used for any indoor exposure, with the exception of household exposures. • Students engaged in Test to Stay after an exposure may participate in extracurricular activities. Local health departments have the authority to order a classroom-only Testto-Stay protocol after assessing the risk of an individual situation. • If the close contact is identified five days or more from the date of exposure, adjust testing accordingly, ideally on days five and seven after the last exposure. • When testing in the outlined cadence is not possible due to weekends and holidays, students should be tested at the earliest possible opportunity. • At the conclusion of the Test to Stay modified quarantine period, the school should notify the local health department that the student has successfully completed testing and remained negative. • Local health departments have the authority to assess high-risk exposures and order a traditional quarantine without the option for Test to Stay. • If at any time the student tests positive or becomes symptomatic, they should be immediately isolated and sent home, and the local health department notified.

Close Contacts

The IDPH has put into place special close contact rules for schools K-12. With the masking policy in place, an individual will be considered a close contact when “closer than 3 feet” for a cumulative time of 15 minutes or more within a 24 hour period instead of last year’s rule of “closer than 6 feet.” In addition, schools participating in the IDPH School Testing Screening Program (SHIELD Illinois) may use this modified definition of close contacts for the classroom setting only.

- This rule does not apply to adults in the classroom setting.
- Both students must be correctly wearing masks.
- Fully vaccinated students and staff are not required to quarantine or test, unless symptomatic.

Illness Information

By sending your child to school, you are certifying that they are in good health and you have followed CCDPH travel guidance. If your child has any of the COVID symptoms, or any other illness, we ask that you keep them home. If a student is vaccinated, they need to follow typical protocols and stay home until symptom free for 24 hours. If a vaccinated individual was in close contact with an individual with COVID-19 AND is showing symptoms, please get tested before returning to school.

Unvaccinated Individuals -

In order to return to school, an unvaccinated individual must provide one of the following:

- A negative COVID test result OR
- ~~A doctor’s note with an alternative diagnosis OR~~ A doctor’s note alone is not an option at this time
- Stay home for ten days.

Travel Guidance

District 31 continues to follow the Cook County Department of Public Health/City of Chicago travel guidance. If any unvaccinated individual travels to an “orange state” on the Chicago Public Health website, that individual must quarantine for 10 days or provide a negative Covid test to return to school.

Instruction for Students Under Quarantine

Remote learning is available for individuals under a quarantine order. Only students who are quarantined due to a diagnosis of COVID or close contact may participate in learning via broadcasting. This opportunity is not available to students who are home due to illness (other than COVID) or traveling.

