

My Student is Sick. What is Next?

3 Return to School Options

Home isolation for 10 days AND 24 hours free of symptoms AND/OR fevers without medication. Parent/guardian written or verbal notification that all household members are symptoms free. (Students participate in remote learning when possible)

Provide a negative COVID-19 test.

Students must be symptom AND/OR fever FREE for 24 hours without medication.

Provide an alternative diagnosis from the student's health care provider.

Students must be symptom AND/OR fever FREE for 24 hours without medication.

Symptoms to Stay Home

- Fever (100.4 F or Above)
- Headache
- Shortness of Breath
- New Cough
- Sore Throat
- Vomiting
- Diarrhea
- Abdominal Pain
- New Congestion/Runny Nose
- New Loss of Sense of Taste or Smell
- Nausea
- Fatigue
- Muscle or Body Aches

If a Student is Home Sick, ALL Siblings Must Also Remain Home Until the Sick Student Has Been Cleared.

Questions?

Please contact your school nurse.

Field Health Office

Tania Gastelum, RN at (847) 313-4454 or tgastelum@district31.net

Winkelman Health Office

Ruth Ann Nally, RN at (847) 832-2205 or rnally@district31.net

Students returning to school need to check in with the school nurse before reporting to class.