



TrueNorth Family Bi-Weekly Update

Friday, September 16, 2022

Please enjoy the Family Bi-Weekly newsletter, featuring events and resources to kick off the 2022-2023 year!

Social, Recreational & Learning Opportunities

Reaching Out to the Disability Community

Robert H. Farley, Jr., LTD is available to speak to parents, organizations, and agencies on a wide variety of issues related to disability advocacy and disability services. **All workshops are offered free of charge.** Scheduled workshops are listed below. If you are interested in attending an event, or requesting speaking and workshop services for your group or agency, please call 630-369-0103, or contact us by email.

Scheduled Workshops / Seminars

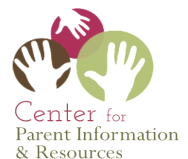
Speaking Topic	Date	Location
How To Be Successful In Obtaining Funding For A Person With A Disability (Developmentally Disabled; Mental Health Condition & Others)	September 22, 2022, 6:30 p.m. - 8:00 p.m.	ZOOM Meeting
How To Be Successful In Obtaining Funding For A Person With A Disability (Developmentally Disabled; Mental Health Condition & Others)	October 26, 2022, 6:30 p.m. - 8:00 p.m.	ZOOM Meeting

(Please RSVP by email if you will be attending so we can email to you the ZOOM invitation)

Prior to attending this workshop, please [download](#) and print attorney Farley's "Book" on *How to Navigate the Illinois Disability System*. This is a free download.

[Click here](#) to read the newest edition of Center For Parent Information and Resources newsletter!

**BUZZ from the
Parent Center HUB**



August 2022, Issue 1

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Check our **NEW** website under the Community tab on the TrueNorth website:

<https://www.truenorth804.org/Domain/89>



NEIGHBORHOOD Parents Network

Developmental Differences Parent Support Group

Sep 28, 2022, 7:45 PM - 10:00 PM

[You must register in order to participate in this event.](#)

A FREE Adults Only Event

It's a night to be supported, to ask questions and share resources, and to be with other parents who get what it's like to deal with special challenges for their kids. Parents of kids with all types of developmental differences are welcome (sensory processing disorder, autism, ADD/ADHD, PDD-NOS, mixed receptive-expressive language disorder, Down syndrome, physical disabilities, medical issues, etc.). Parents/family only, please (no therapists, students or business owners). *The Zoom link will be sent out about 2 hours before the meeting.*

Are you interested in joining our TotalLink social and learning programs? We like to meet with our new participants in person to understand their goals, strengths, and support needs before joining programs. This gives us time to share more about TotalLink, to see if we are a good fit to support the needs of each participant, and it helps us create the best programs possible!

Please contact our Program Director, Madison McGinty, at mmcginty@totalink2.org to schedule a meet and greet before signing up for programs. Our Financial Assistance Application is available upon request.



2022 Parent University Class 9: Residential: What Are the Options, What Is the Best Fit, & How to Fund Them



Sep 22, 2022 12:00 PM in Central Time (US and Canada)

[Register Here](#)

In this class, we will explain in detail, current residential options: living with your parents, Section 8 housing, CILAS, group/supportive housing, skilled nursing facilities, and Special Needs Trust ownerships/paying rent. We will talk about determining the best fit for your child and how to fund the different options.

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DUMAN OPPORTUNITY CENTER



Supports for Individuals with Disabilities in the Workplace

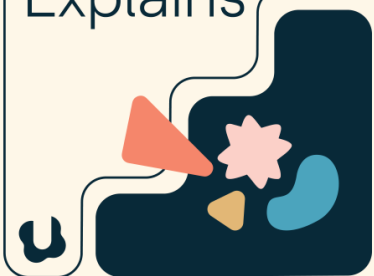
Join our speaker Jamie Sandberg the Manager of Integrated Community Employment as she presents on best practices in supporting youth & adults in their career endeavors to help individuals achieve their goals.

Thursday, September 22, 2022

2-3pm CST

[Register Here](#)

Understood Explains



Understood Explains is a podcast that unpacks the process that school districts use to evaluate children for special education services. There are 9 separate podcasts in the series, including parent rights, how to request an evaluation of their child, what to expect during (and after) an evaluation, and private versus school-based evaluations.

Click [here](#) to listen!

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Choices

Fair 2022

Choices 2022 will be hosted by Evanston Township High School on October 18, 2022. As of now, this fair is being planned to be held in person.

CHOICES IS FREE AND OPEN TO THE PUBLIC :

The Choices Fair is Free of charge for all families, professional staff, and other community members. You do not have to be from one of the Choices Consortium Sponsoring Schools to attend. Schools from all over the state attend Choices (and some from out of state on occasion as well).

DATE

- October 18, 2022

LOCATION

- Hosted by **Evanston Township High School**, 1600 Dodge Avenue, Evanston, IL 60201

EVENING AGENDA

- 6:00-6:40 PM – Breakout Sessions: Attendees have 2 options to choose from
 - Option 1: College Support Programs Showcase in the ETHS Auditorium
 - Southern Illinois University-Roger Pugh
 - Mansfield Hall
 - University of Cincinnati-Michael Southern
 - College of Lake County-Thomas Crowe
 - Option 2: Autism Goes to College – The Autism Training & Technical Assistance Project/Aurora Pathways for Students with Autism
- 6:50-7:30 PM – Breakout Sessions: Attendees have 2 options to choose from
 - Option 1: Transition Services 101: Julie Smith-Glenbrook South High School, Diane Spillman-Maine South High School
 - Option 2: Mental Health and College-Jason Wyncoop
- 7:00-8:30 PM College Fair: Doors will not open until 7:00pm

To see the Attending Colleges/Universities/Organizations [Click Here](#)

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JULY 4TH PARADE SHOOTING AFTERMATH: FREE OUTDOOR CONVERSATION AND SUPPORT GROUPS

Healing from the Psychic Impact and Short- and Long-Term Effects of Community Trauma

Opening Our Hearts, Sharing Our Stories, Rebuilding our Spirits

**Grappling with the Mass Shooting at the Highland Park July 4th Parade Shooting Amid
Horrific Ongoing Gun Violence in Chicago, Waukegan, North Chicago – and Elsewhere**

You are not alone
We are a community
We have solidarity

No estás solo/a
Somos una comunidad
Somos solidarios/as

Translation provided for Spanish-speaking community members



WHEN	Saturday August 27	11:00 – 12:30
	Saturday September 3	11:00 – 12:30
	Saturday September 10	2:00 – 3:30
	Saturday September 17	2:00 – 3:30
	Saturday September 24	2:00 – 3:30
	<i>Weather permitting</i>	

WHERE Memorial Park (gazebo)
Laurel, Linden, and Prospect Avenues
One block east of the Highland Park Library

FACILITATORS

Marcia Nickow, PsyD, CADC	Shelley Firestone, MD
Stanley Selinger, PhD	Alma Jarrell, MEd
Sheila Mendoza, MSW	Ross Nickow, MA
Kim Dennis, MD	Joe Whitlock, CADC

As trained group leaders with roots in the community, we offer a welcoming
and open space for discussion, connection, and solidarity.

Please bring a chair, if possible

Questions? Call: 847-274-5900

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KOHL CHILDREN'S MUSEUM PRESENTS Everyone at Play

FREE

KCM welcomes children with special needs and their families for an afternoon of learning and play focused on them. Our Museum campus is designed for universal accessibility with a purpose to encourage linguistic, cognitive, motor and social skills for all children ages birth to 8.



Event attendees will experience:

- 17 hands-on Museum exhibits
- One-on-one interactive activities with trained, registered therapy animals and other partners
- Quiet room for stimulation breaks
- Museum staff providing play support and guidance
- A free family pass for 4 to return to the Museum

Register Here:

Capacity is limited and registration is required.
kcmgc.org/eap

EAP is generously supported by the Edmond and Alice Opler Foundation, the Pajeau Children's Foundation and the Walter and Caroline Sueske Charitable Trust.

KOHL CHILDREN'S MUSEUM

2100 Patriot Blvd, Glenview, IL 60026 | kcmgc.org

KOHL CHILDREN'S MUSEUM PRESENTA Todos a Jugar

GRATIS

KCM da la bienvenida a los niños con necesidades especiales y sus familias para una tarde de aprendizaje y juego enfocado en ellos. El edificio de nuestro museo está diseñado para la accesibilidad universal con el propósito de fomentar las habilidades lingüísticas, cognitivas, motoras y sociales para todos los niños desde el nacimiento hasta los 8 años.



Los asistentes al evento experimentarán:

- 17 Exhibiciones
- Actividades interactivas individuales con animales de terapia entrenados y registrados y otros socios
- Un cuarto de tranquilidad para pausas de estimulación
- El personal del museo brinda apoyo y orientación en el juego.
- Un pase familiar gratis para 4 personas para regresar al Museo.

Capacidad es limitada y se requiere registración
kcmgc.org/eap

EAP es generosamente apoyado por el Edmond y Alice Opler Foundation, el Pajeau Children's Foundation y Walter y Caroline Sueske Charitable Trust.

KOHL CHILDREN'S MUSEUM

2100 Patriot Blvd, Glenview, IL 60026 | kcmgc.org

Save the Dates

Join us from 2:00-5:00pm
on the following Sundays:
Feb 13, 2022 May 29, 2022
Mar 6, 2022

All guests age 5 and older must show proof of COVID-19 vaccination, and all guests are 2 and older must wear masks.

Guardar las fechas

Únase a nosotras de 2:00-5:00pm
los siguientes domingos:
El 13 de febrero de 2022
El 6 de marzo de 2022
El 29 de mayo de 2022

Todos los visitantes de 5 años en adelante deben mostrar prueba de vacunación COVID-19, y todos los visitantes de 2 años en adelante deben usar una mascarilla.

For more upcoming educational events at Kohl's Children's Museum, [click here](#).

Social Security

You May Be Able to Pay
Less for Internet Access or
Even Get it Free




If your household income is 200% or less than the Federal Poverty Guidelines or someone in your household participates in certain government assistance programs, you may be eligible for the benefits the ACP provides. Visit the [ACP website](#) to see if you qualify. Please do not contact Social Security with questions about the ACP.

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Special Gifts Theatre



Creativity in Motion
Fall Session/Winnetka Mondays / October, 2022 – December, 2022

Musical Theatre Programs

Chicago Thursdays / September, 2022 – February, 2023
Libertyville Tuesdays / October, 2022 – February, 2023
Palatine Thursdays / November, 2022 – April, 2023
Wilmette Tuesdays / September, 2022 – March, 2023
Winnetka Wednesdays / September, 2022 – March, 2023

Creating Outside the Lines
Fall Session/Winnetka Mondays / September, 2022 – January, 2023

[SHALE](#) - Saturday Morning Monthly Meetings

We have our new meeting location in Lake Forest, Illinois.

The Gorton Community, Grotto Annex, 411 E. Illinois Road, Lake Forest IL

Saturday Meetings 9:30-11:00 AM

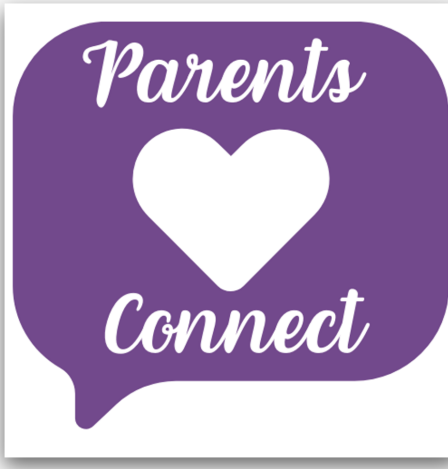
<u>Date</u>	<u>Topic</u>
September 17th	Taking Care of Yourself and Finding Serenity
October 22nd	Acceptance, Attitude and Courage
January 28th	Wisdom and Building Structure

If you are interested in signing up for a monthly meeting please [call or email](#).



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Parents Connect is part of CATCH's Parent Support Network (PSN) which provides direct support for parents and caregivers to talk about the challenges they face raising children with mental health struggles. This group offers access to personalized resources as well as opportunities to connect with other parents one-on-one and learn from others in small, confidential groups. For more info and to register for a group, [click here](#).



**17th Annual Illinois Statewide Transition Conference.
November 3 & 4**

Registration is now open for this hybrid conference which will have both in-person and virtual options available.

“Stepping Stones of Transition” invites participants to imagine the possibilities for students with disabilities in the areas of independent living, education, and training, employment, community integration, health care, and self-advocacy. It features 40 breakout sessions to discuss best practices in promoting effective, person-centered transition planning that addresses all aspects of adult life for youth with disabilities.

The conference is aimed at transition-aged youth, parents, caretakers, vocational professionals, healthcare professionals, educators, college students pursuing careers in special education, and community advocates. Participants will come away with valuable tools, resources, and contacts to put transition-aged youth with disabilities on the path to success and achieving their dreams.

There is a COST for this program.

[~Register before October 7, 2022~](#)

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Check our **NEW** website under the Community tab on the TrueNorth website:

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A fresh bunch of family-focused webinars picked for you!

Looking at Behavior with New Eyes

September 29, 2022 - 7:00 PM - 8:30 PM

All behavior has meaning! Time will be spent discussing the possible meanings of specific behaviors that are confusing and challenging. Additionally, ways to help the children who demonstrate these behaviors will be provided.

Presenter: Jennifer Rosinia

The School-Home Connection: Tips and Tricks to Support Your Child's Learning in School and at Homes

October 3, 2022 - 6:00 PM - 7:00 PM

This webinar will support family members in understanding the role of authentic assessment in the early childhood classroom. We will discuss what your students will be learning at school, how teachers track and monitor progress, and most importantly what the teaching team and caregivers can do to partner together to support each child's unique learning and development.

Presenter: Barb Golik & Danielle Merkel

Anatomy of a Meltdown

October 18, 2022- 7:00 PM - 8:30 PM

By understanding the anatomy of a meltdown everyone who cares for children of varying abilities with these types of challenges will be better equipped to offer help and support during these difficult times.

Presenter: Jennifer Rosinia

[Register Here](#)

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family Movie Night

Mitchell L. Slotnick Center / NSSRA, Highland Park

Bring the whole family and your own movie snacks for our **FREE** Family Movie Nights.

- ⌚ Registrants will be notified prior to the movie if it will be held outdoors.
- ⌚ Doors will open 30 minutes prior to show time.
- ⌚ These are **FREE** events; advance registration is required.
- ⌚ Please note that NSSRA staff will not be available to supervise participants.

Ferris Bueller's Day Off

Join us for this John Hughes' classic featuring many local landmarks. It tells the story of a high school slacker who skips school, with two of his friends, for a day in Chicago.

Date: Saturday, September 24
Time: 7:00 pm

Rating: PG-13
Program Code: 427011-01

Ghostbusters (1984)

Let's celebrate Halloween early with the original Ghostbusters. The movie follows three eccentric parapsychologists who start a ghost-catching business in New York City.

Date: Saturday, October 22
Time: 7:00 pm

Rating: PG
Program Code: 427012-01

Lightyear

You loved Toy Story; now check out this film within a film. In 1995, a boy named Andy got a Buzz Lightyear toy for his birthday. It was from his favorite movie. This is that movie.

Date: Friday, December 16
Time: 6:00 pm

Rating: PG
Program Code: 427013-01

Mitchell L. Slotnick Center, 1221 County Line Rd., Highland Park
60035 | (847) 509-9400 | nssra.org



NSSRA Family Movie Night: Ferris Bueller's Day Off

September 24 @
7:00 pm - 9:00 pm
[These are FREE
events; advance
registration is
required.](#)

Bring the whole family and your own movie snacks. Registrants will be notified prior to the movie if it will be held outdoors. Doors will open 30 minutes prior to show time.

Please note that NSSRA staff will not be available to supervise participants. Join us for this John Hughes' classic featuring many local landmarks. It tells the story of a high school slacker who skips school, with two of his friends, for a day in Chicago.



Stay tuned for more upcoming events and resources!

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Looking for other resources? Check out the TrueNorth Community Page:
<https://www.truenorth804.org/domain/177>

Did you miss any of the APS or Vision events?

You can now find them on our website! <https://www.truenorth804.org/Domain/89>

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